

Pet Serving SUGGESTIONS per bottle including initial 'loading'*

Each OM3-rich oil may benefit '**multiple health issues**' not just one issue (e.g. stiff joints + circulation + help re-dress lackings of OM3 + aging bodies ++). They support the *body* towards optimal health & *your pocket* for potential cost savings!

<12kg (26.5lbs)

e.g. Terrier 5kg / Bedlington Terrier 10kg / Whippet

Health State	Flaxseed oil (for Pet + Human use)	Salmon oil (Pet use only)
Normal/Mild	1 x 500ml Bottle [100 days] **	1 x SMALL Bottle [62 days]
Bad	1 x 500ml [50 days]	1 x SMALL " [31 days]
EXTREME	1 x 500ml [34 days] **	2 x SMALL " [48 days]

12-24kg (26-53lbs)

e.g. Cocker + 13kg / Bearded Collie 20kg

Health State	Flaxseed oil (for Pet + Human use)	Salmon oil (Pet use only)
Normal/Mild	1 x 500ml Bottle [50 days]	1 x SMALL Bottle [31 days]
Bad	1 x 500ml [25 days]	1 x LARGE " [62 days+]
EXTREME	1 x 500ml [17 days]	1 x LARGE " [62 days]

24-48kg (53-106lbs)

e.g. Labrador 29kg / Alsatian 35kg

Health State	Flaxseed oil (for Pet + Human use)	Salmon oil (Pet use only)
Normal/Mild	1 x 500ml Bottle [34 days]	2 x SMALL Bottles [42 days]
Bad	1 x 500ml [17 days]	1 x LARGE " [42+ days]
EXTREME	2 x 500ml [23 days]	1(2) x LARGE " [31 days]

>48kg (106lbs+)

e.g. Great Dane 54kg

Health State	Flaxseed oil (for Pet + Human use)	Salmon oil (Pet use only)
Normal/Mild	2 x 500ml Bottles [50 days]	1 x LARGE Bottle [62 days]
Bad	2 x 500ml [25 days]	1 x LARGE " [31+ days]
EXTREME	3 x 500ml [25 days]	1 x LARGE " [31 days]

Humans. Follow instructions on the bottle.

*Always consult your Doctor or Vet • Intended for guidance only purposes

**Once opened, Flax oil is best used inside 56 days