Last year I heard about Ruggle-it and decided to try that. I spoke to Karen on the phone and she

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April 2014

Ruggle-it + Protexin Probiotics Testimonial for Serious Equine Leg & Knee issues, Leg Thickening, Flies

[**ZOOM NOTE**: To clearly see this text, please use the '+' keys on the top of this screen to enlarge it to 100% or greater]

All areas are text/names/descriptions that may contravene Veterinary Medicines Directorate regulation; text within [] has been inserted by this office.

From: Watson, Mrs C Sent: Tuesday, April 22, 2014 11:10 AM To: Ruggles & Stopitall Ltd Subject: Atlas

Hi

I have enclosed pictures of my cob, Atlas [*R&SL* – see opposite + higher resolution images *PTO*]. We have owned Atlas for 13 years and he's now nearly **20.** He only has one eye now after an accident but we still hack out. Bless him.

[*R&SL* – *Part 1* re Flies/Itching] Atlas has always been a magnet

for flies and the Summer months were a torment for him, I have bought every fly rug and mask there is but he still got bitten particularly round his sheath. He was always rubbing his tail against fencing and generally itchy and uncomfortable. He would rub his tail, even in Winter, and ended up making his tail bleed, the flies bit his sheath so badly there was always blood on his hind legs too. I'd tried every known fly spray too but they didn't work.





explained about **tail rubbing and the fact that the itching probably originated elsewhere** but **he could only think to itch his tail** [*R&SL* – *rubbing tails is as close as a horse or sheep etc. can get to ease the itch in their undercarriage, lower belly areas*]. I ordered a Ruggle-it Starter Pack [*SP2-Trio Trigger*] and followed the instructions. It had an **immediate result**, **flies left him alone**, he **stopped itching** all over and **left the fencing alone**! **I no longer needed the fly rugs** and he grazed all Summer without a problem. It was remarkable.

This Ruggle-it works! Its important to follow the instructions and persevere and it will work. It's a lot more economical than buying fly rugs, masks and fly sprays that don't work. I've also had to replace fences after he's knocked them loose rubbing!

[R&SL – Part 2 re Leg/Skin issues]

This year [Winter 2013/14] he developed a new skin [[issue] in his hind legs. It has been a very wet Winter [R&SL – the wettest in England's history!] and the mud was worse than ever. I allow Atlas to come in and out of his stable as he wishes in Winter and he's at home so I can keep a close eye on him.

He was becoming resentful of having his Hinds hosed down which he's never done before and he was awkward when we clipped his legs too. When I looked closely at his Hinds I realised they were suddenly in an awful state. I still don't know how that happened as I take such care of him. He did have cracks behind his knees too [*R&SL* – known in the 'olden days' as Mallenders] but the worst patches were on his tendons, pasterns and heels. I couldn't believe I'd found it on my horse and I was so concerned I called my vet out out of hours as I wouldn't leave it overnight.



At first I thought it was [R&SL - mud issues] with

traditional crusty lumps] but I knew it wasn't quite like that. He had really thick [R&SL - crusty areas], cracked heels with [R&SL - oozing yellow 'stuff'] behind and was clearly very [R&SL - tender].

My vet came and diagnosed **[***R&SL* – *crusting & cracks behind the knees*] and he did need a course of antibiotics to treat the infection. The **photo shows the legs** but its looking a lot better on there [*R&SL* – 2 x 'before' photos on Page 1 or single photo above]. **Unfortunately I didn't think to photograph it at it's worst** and those pictures were taken after antibiotics and a few days of Ruggle-it Salve. I'd just done his Ruggle-it Shampoo bath.

He came all those years ago with cracks behind his front knees but they have never been [R&SL – painful] and irritated at all. I now recognise it as Mallenders. His legs were puffy and more folds present than normal until the Ruggle-it kicked in and now they're fine [R&SL – a classic indicator of progressive mud/skin issues [R&SL – a classic indicator of]. Atlas has a [R&SL – pain management from the Vet] every day following chronic hind limb problems otherwise he would undoubtedly have been lame with that outbreak!

I googled Mallenders and could find very little info on it and **my Vet had said it was virtually** [R&SL – impossible to resolve], and it would remain, and to forget about it and Atlas would live with it. [R&SL –... [2]].

I contacted Karen again who knew about the condition and advised me how to proceed. Once again it

was down to the Ruggle-it oil, shampoo and semi solid salve. This time I was advised to **follow the Mud Planner** which I did and as suggested, I also gave him Equine Protexin Gut Balancer to help his immune system fight it.

[*R&SL* – for the flies mentioned on P1, one just follows the Itching side of the Planner, but for these kind of 'mud/crusting' issues, one follows our Mud Planner i.e. you can use Ruggle-it for various issues by changing the ways & frequency in which you use the oil and shampoo elements, whether neat or diluted, with localised batheing or not!]

I simply couldn't believe the difference in Atlas's legs. The

[*R&SL* – crusting, puffiness, tenderness on the legs] backed off and within three weeks had completely gone and I have included two pictures to illustrate this. [*R&SL* – see 'after' leg images on the right]

And it's worked on Atlas's [R&SL –

crusting/puffiness/tenderness on the legs] and as far as I can see there is **no other real alternative for this horrible condition**. I **highly recommend the Ruggles system** and if you're in any doubt then phone Karen and she will try her best to help you. [*R&SL* – using the combined approach of external (Ruggle-it) <u>and</u> internal (Protexin 'pure' probiotics) is, in our opinion & experience with these issues, utterly critical if the body is to stand a chance of finally climbing the very steep hill to recovery. Generally it also ends up cheaper, quicker & kinder to use this 'combined approach' for both

the horse, and your pocket!]

Atlas was a **brilliant competition pony** in his time, everything from a **bit of eventing to showi**ng. He even managed to get himself placed at BD on a day ticket!!! Even though we were total amateurs he always did well at Show Classes and got himself placed nearly every time. He **only has one eye** now after an accident but we still hack out. Bless him. He'll stay with me in his retirement as I never sell my horses, they only leave when their time comes.

Cathy Watson.





Many thanks to Mrs C Watson, Northallerton, Yorkshire for taking the time to write this feedback.

Note: Whilst we are hugely grateful for all the telephone feedbacks we receive on our products, only ones received in writing will be considered for inclusion on this web or as part of any PR...so that readers have peace of mind that we're not making this up! All quoted testimonials can be viewed at our offices.

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