

## touch plus+ feedback report

Horse: Doobie, Black Gelding, 13 years old  
Owner: JH, Bristol, Avon  
Problem: Extreme apprehension, bolting, constant fidgeting, nipping/biting, kicking, very frequent stomach upsets (almost daily).

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*I adored Doobie from the start but however much I demonstrated that he could trust me, something in his past had traumatised him - it was like I was speaking a foreign language. After two years of slow progress, I decided I had nothing to lose by trying Touch Plus+. What it's achieved in 4 sessions is incredible.*



*The hands-on healing visibly changed Doobie's behaviour (and even his demeanour...he's noticeably 'content' now...and other people say it, so it's not me being biased!) and then it helped me see that my lack of confidence was impacting 'us' too. Karen's suggestions on food (especially molasses and haylage), stable routines & other observations made sense too as I'd never 'noticed' the negative effects they had on him. I love that it's a non-invasive 'whole horse' treatment...it seems to encourage 'change' so subtly and gently that it happens without us really knowing!*



*Nowadays it's hard to remember the old Doobie as the 'New Doobie' and I have found our 'common language' - these days he's peaceful, happy, openly demonstrating his friendship for me (not bitten or kicked since!), happy to try new things when ridden and all without a squeak from his tummy. I cannot recommend this program enough...for horses and humans! The horses seem to respond so quickly, Karen's passion for what she does is infectious, and even if I don't quite understand how it can all happen so effectively, I just need to see Doobie to know that 'something works wonders'." JH, Bristol, 2007.*

Images: Courtesy of N Hares.

The trotting image is bareback whilst training under the Parelli 'trust each other' method with no bridle.